**Class Schedule for the 2015 Budding Tree Yoga Festival!**

Great Lawn (along the boardwalk)

10am Kids and Family Yoga – Julie Leatherbarrow

11am Asana Essentials in a Static Practice – David Drost

1pm Hatha Yoga – Julia Kress

2pm– Yoga for the Core - Lauren Willett-Benson

3pm Kripalu Flow – Kristin Damstetter

4pm Bhakti with live music! – Kristin Thomas MD.

Pierce Lawn (btwn Lloyd St and Hanover)

10am Vinyasa Flow – Carrie Jacobson

11am Kundalini – Sofia Salim-Clark

12 pm Inversions Postures Clinic – Erin and Adam Schifferi

1pm Partner Yoga – Erin and Adam Schifferi

2 pm Acro Yoga – Juliana Burkhart

Workshops Under the Big Tree (by Clinton’s Dish)

10am Laughter Yoga with Sapna Patel

1030am Oneness Blessing Meditation – Maura Simmons-Price

11. Ayurveda Lifestyle – Julia Kress

12 Benefits of Doula Services – Molly McDermott

1pm Yoga for Anxiety and Depression – Athalie Joy

**\*Schedule is subject to change\***